



2019 ST. CHARLES PIRATES GIRLS BASKETBALL SUMMER CAMP - JUNE 3 – JUNE 7, 2019

WHO: This camp is open to any girl from **Grades 3-8** who is interested in improving her skills in basketball.

WHERE: St. Charles High School

WHEN: June 3-June 7, 2019

TIME: 8:30 A.M.— 12:00 P.M.

COST: \$65, per camper, which includes a camp T-Shirt, awards, and insurance.

Register **ONLINE** at

www.scpiratescamp.com

Areas of Instruction

- Shooting
- Defensive Concepts
- Rebounding
- Team Concepts
- Ballhandling
- Passing

Camp Features

- One-On-One
- Five-On-Five
- Superstars Competition
- Free-Throw Contest
- Hot Shot Competition
- PLUS FUN & LEARNING!!

Daily Schedule

- 8:30 am—Roll call, warm-up and stretch
- 8:45 am—Skill of the day
- 9:00 am—Station Drills-Fundamentals
- 10:00 am—Break
- 10:20 am—Team Competitions—Activities
- 10:35 am—Superstars Competitions
- 10:55 am—1 on 1
- 11:15 am—3 on 3, 5 on 5
- 11:45 am—Competition Qualifying-Free Throws, Knockout



2019 ST. CHARLES GIRLS BASKETBALL SUMMER CAMP

Name: _____ Age: _____ Parent/Guardian Name: _____

Address: _____ City: _____ Zip: _____

Phone: _____ Email: _____ School: _____ 2018-19 Grade: _____

Shirt Size: YM—YL—S—M—L—XL

Make checks payable to:

St. Charles High School.

Attn: Ben Owens

Mail to 725 N. Kingshighway

St. Charles, MO 63301

You may also register at the door or on-line. If you have any questions Coach Owens may be reached by email at **bowens@stcharlessd.org**.